# Vertical Challenges

# Ensuring Safe & Secure Elevated Access for Today's Workforce





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# Elevated Risks: The Dangers of Working from Height

Portable ladders are part and parcel of today's trade industries, providing ready access to elevated work areas and storage spaces. Yet, however common, all work undertaken from height carries an inherent safety risk for workers.

Lamentably, freestanding ladders are implicated in a disproportionately high number of on-site injuries and deaths. In the eight years from 2003-11, *Safe Work Australia* reports that 37 workers were killed as a result of ladder falls – accounting for *one in six* fatalities from height.<sup>1</sup> In Victoria alone between 2001-05, 4,553 patients presented to emergency departments after ladder falls,

with 160 suffering severe trauma and 16 succumbing to their injuries.<sup>2</sup> Indeed, despite ever-stricter OH&S regulations, studies show that the number of patients requiring hospital treatment for ladder-related injuries continues to rise.<sup>3</sup>

Under Section 19 of the *Worker Safety Act*, employers are legally obligated to ensure the 'health and safety of [workers] is not put at risk from work carried out as part of the conduct of the business'.<sup>4</sup> This presents serious – and competing – concerns for employers: the need to balance the practical necessity of elevated access with the overarching goal of minimising workplace hazards.



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#### A Safer Alternative: The Wheres, Whys & Hows of Pull-Down Access Ladders

A common feature in residential homes, **Pull Down Access (PDA)** Ladders have evolved as a highly practicable option within commercial and industrial environments, where strict OH&S and Building Code compliance is a legal requirement.

The PDA Ladder system is specifically designed to provide safe internal access to above-ceiling spaces for storage and building maintenance. This durable ladder system provides secure footing for service personnel, allowing easy access to above-ceiling building facilities such as plant rooms and air-conditioning systems. Being permanently fixed to the building, PDA Ladders offer a markedly safer and structurally stable alternative to freestanding ladders; however, to ensure safer boarding and egress for users in commercial and industrial settings, it is imperative to ensure your chosen PDA system comes equipped with Full-Length or Standard hand/grab rails.

Neatly concealed within the ceiling space, the PDA Ladder system is always on-hand, and will only interfere with floor space when in use.

# Is Your Pull-Down Ladder Up to Code?

WorkSafe Victoria's 2003 OH&S (Prevention of Falls) Regulations places ladders in the highest risk category for injurious falls.  $^{\rm 5}$ 

PDA Ladders are specifically designed to negate these risks, providing one of the safest and most efficient means to access roof spaces.

However, it's clear that not all PDA Ladders are created equal. With an explosion of 'cut-to-size' options flooding the market, it appears many PDA manufacturers are failing to comply with even minimum Australian Building Code requirements, delivering inferior products that continue to compromise user safety.<sup>6</sup>

The burden of responsibility rests on architects, builders and employers to ensure their PDA Ladders are up to code; this will guarantee your chosen PDA Ladder solution is not only structurally sound and safe for purpose, but fully compliant with government-enforced regulations.



### Guaranteeing Your PDA Ladder is BCA Compliant

The **Building Code of Australia** (**BCA**) provides 'nationally consistent, minimum necessary standards of relevant safety... health, amenity and sustainability objectives sufficiently' for new building work (a key measure of *Work Health and Safety Act* [2011] compliance).<sup>7</sup>

Administered directly by the BCA, the **CodeMark Certificate** provides surety that your building product complies with strict BCA standards. As Australia and New Zealand's foremost building product certification scheme, CodeMark is embedded within State and Territory building control legislations across the country, and offers 'confidence and certainty to regulatory authorities and the market.'<sup>8</sup>

A CodeMark seal guarantees not only the highest quality control for your PDA Ladder solution, but that it meets the full approval of building control authorities across Australia.

# **AM-BOSS:** The Superior Choice in Pull-Down Ladder Solutions

For over 35 years, AM-BOSS has been Australia's premier manufacturer of PDA Ladders. As a key supplier to government offices, industrial plants and healthcare facilities, AM-BOSS is the standout choice for Australia's most discerning and safety-conscious clients.

**AM-BOSS** remains at the forefront of industry innovations, pioneering the installation of PDA Ladders into suspended ceilings. In 2011, AM-BOSS became the first and only company to have its range CodeMark certified, ensuring full compliance with the BCA, as well as unofficial conformity with the AS-1657 Standard (Fixed Platforms, Walkways, Stairways and Ladders).

To guarantee the highest quality manufacturing standards, AM-BOSS PDA Ladders are never 'cut-to-suit'. Moreover, to ensure safe access provisions for all users, all PDA Ladders are produced with either a height adjustment system, or are manufactured to the exact ceiling height, allowing the bottom most step to be equal to the following steps off the floor.

AM-BOSS delivers unrivalled quality and meticulous design credentials. Key design features include:

- All AM-BOSS PDA Ladders are manufactured with premium-grade materials, including zinc-plating of metal components to ensure long-life service. PDA Ladders are manufactured in welded aluminium
- An industry-leading Heavy Duty PDA Ladder series • with load ratings up to 400kg
- -/90/90 rated fire-resistant models, fully compliant with AS1530.4-2005

A select range of handrail and grabrail styles to meet the needs of any work environment

Floor-to-ceiling heights catered for up to 5500mm



Safe Work Australia, 'Falls from Height', October 2013, Pg. 11 http://www.safeworkaustralia.gov.au/sites/SWA/about/Publications/Documents/812/Falls-from-Height.pdf <sup>2</sup> B Mitra, P A Cameron & B J Gabbe, 'Ladders Revisited', The Medical Journal of Australia, Vol. 186, No. 1, Januray 2007, Pg. 31

- <sup>3.</sup> Ibid. Pa. 31
- <sup>4</sup> Australian Government, 'Worker Safety Act 2011', Division 2 Primary Duty of Care, Pg. 24
- <sup>5.</sup> WorkSafe Victoria, 'Prevention of Falls Ladders', 2005, Pg. 1
  <sup>6.</sup> C Sachs, 'Are You Ready for the Revised AS1657 on Walkways, Ladders, and Platforms?', National Safety Council of Australia Ltd, 17 Feb, 2014, http://nsca.org.au/safety/ ready-revised-as1657-walkways-ladders-platforms/
- <sup>a</sup> Australian Building Codes Board, 'The Building Code of Australia', 20 June, 2013, http://www.abcb.gov.au/about-the-national-construction-code/the-building-code-of-australia
  <sup>a</sup> Australian Building Codes Board, 'Codemark Certification Scheme', 6 November, 2013, http://www.abcb.gov.au/product-certification/codemark



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